



PCO Press

A Quarterly Publication of the Pesticide Control Office

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Meet Our New Inspectors!

GRIC
Pesticide Control
Office

Community
Applicator
Training

To register for the
eLearning version of
the CA Training,
click [here](#).

Arizona Department
of
Agriculture

WPS
Pesticide Safety
Trainer Course

Hybrid Format:
Course Online

Test in Person

Register [here](#)

SUGGESTIONS?

Your feedback and
ideas are welcome.
If you have a
suggestion for a
PCO Press topic,
please submit to:

gric.pesticide.office
[@gric.nsn.us](https://twitter.com/gric.nsn.us)



Tacy Jensen is an Environmental Inspector with the Pesticide Control Office. Ms. Jensen is a licensed pesticide applicator with the Arizona Office of Pest Management and licensed as a Registered Sanitarian with the Arizona Department of Health Services.

Ms. Jensen has worked for the Gila River Indian Community for over 13 years under the Tribal Health Department. She has 7 years of experience in the pest control field. Ms. Jensen is looking forward to utilizing her skills and knowledge in her new role with the Pesticide Control Office.



Dwight Carlston is an Environmental Inspector with the Pesticide Control Office. As an environmental inspector he is looking forward to furthering his work experience and education with the staff at DEQ, the Community and the environment.

He received an associate's degree in Environmental Science from Haskell Indian Nations University while participating on the men's cross country team. He also received his bachelor's degree from Navajo Technical University (NTU) in Environmental Science and Natural Resources. While at NTU he participated on the College rodeo team in the Grand Canyon region. Dwight graduated with his master's degree in Agricultural leadership and Environmental Science from the University of Georgia in Athens, GA.

During his years as an undergraduate, he spent his free time completing internships as a wildland firefighter with the U.S. Forest Service in Big Timer, Montana, and the U.S. Department of Agriculture in Washington D.C. Dwight has always had a passion for the environmental science field, and a great appreciation for everything that nature has to share.

Pest Control & Pesticide Safety

As the temperature begins to increase in the upcoming summer months, so does the activity for pests. You may see pests such as insects and rodents more often in the summer, due to the weather heating up outside. As the days get hotter, these pests too will be seeking cooler shelter, food, and water. Not only will the heat drive pests into homes and other structures, but also the rain and wind. However the weather turns out, you may be planning on applying pesticides in and around a home, office, storage, or garage.



The U.S EPA has resources on alternative methods before you decide to apply pesticides. The resources that are provided may help your situation without even having to apply pesticides, and can be accessed [here](#).

The University of Arizona also has additional information pertaining to weather and how it affects pests, and can be accessed [here](#).

Heat Stress

It's that time of the year; Arizona weather is heating up! According to The National Institute for Occupational Safety and Health (NIOSH), workers who are exposed to extreme heat or work in hot environments may be at risk of heat stress. Exposure to extreme heat can result in occupational illnesses and injuries. Heat stress can result in heat stroke, heat exhaustion, heat cramps, or heat rashes. Heat can also increase the risk of injuries in workers as it may result in sweaty palms, fogged-up safety glasses, and dizziness. Burns may also occur as a result of accidental contact with hot surfaces or steam.



Workers at risk of heat stress include outdoor workers and workers in hot environments such as firefighters, bakery workers, farmers, construction workers, miners, boiler room workers, factory workers, and others. To read more on types of Heat-related illnesses click [here](#).